

ICMART 2024

37th ICMART World Medical Acupuncture Congress

September 27 – 29, 2024 | Shinhwa World, Jeju, Korea

1. Personal Information

First Name	Richard
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Affiliation	University of California at Irvine
Country	USA
Department	Susan Samueli Integrative Health Institute
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2. Curriculum Vitae

Educational Background & Experience

Year	Affiliation	Position
2023	University of California at Irvine	Professor and Endowed Chair
2021	University of Michigan	Professor
2002	Maryland Institute of TCM	LAc
1998	University of California at Berkeley	PhD
1992	Purdue University	BS

Publications

No.	Contents
1	Napadow V, Harris RE, Helmer KG.
	Birth of the Topological Atlas and Repository for Acupoint Research.
	J Integr Complement Med. 2023 Dec;29(12):769-773. PMID: 37943513
2	Mawla I, Ichesco E, Zöllner HJ, Edden RAE, Chenevert T, Buchtel H, Bretz MD, Sloan H,
	Kaplan CM, Harte SE, Mashour GA, Clauw DJ, Napadow V, Harris RE.
	Greater Somatosensory Afference With Acupuncture Increases Primary Somatosensory
	Connectivity and Alleviates Fibromyalgia Pain via Insular gamma-Aminobutyric Acid: A
	Randomized Neuroimaging Trial.
	Arthritis Rheumatol. 2021 Jul;73(7):1318-1328. PMID: 33314799
3	Wang Y, Wang DD, Pucka AQ, O'Brien ARW, Harte SE, Harris RE.
	Differential clinical characteristics across traditional Chinese medicine (TCM) Syndromes in
	patients with sickle cell disease.
	Front Pain Res (Lausanne). 2024 Jan 5;4:1233293. PMID: 38249565

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4	Harris RE, Zubieta JK, Scott DJ, Napadow V, Gracely RH, Clauw DJ.
	Traditional Chinese acupuncture and placebo (sham) acupuncture are differentiated by their
	effects on mu-opioid receptors (MORs).
	Neuroimage. 2009 Sep;47(3):1077-85. PMID: 19501658
	Mawla I, Huang Z, Kaplan CM, Ichesco E, Waller N, Larkin TE, Zöllner HJ, Edden RAE,
	Harte SE, Clauw DJ, Mashour GA, Napadow V, Harris RE.
5	Large-scale momentary brain co-activation patterns are associated with hyperalgesia and
	mediate focal neurochemistry and cross-network functional connectivity in fibromyalgia.
	Pain. 2023 Dec 1;164(12):2737-2748. PMID: 37751539

3. Abstract

Lecture Title	Topological Atlas and Repository for Acupoint Research (TARA)	
Acupuncture is a millennia-old therapy, which is increasingly being integrated in conventional care		
for the treatment of a range of conditions. A critical component of acupuncture therapy is the existence		
of <i>specific</i> locations across the body surface where inserting and manipulating a needle can engender		
salubrious, clinically beneficial effects. These locations are termed acupuncture points, or acupoints,		
and have been the source of great controversy for the acupuncture research field. Lack of clarity on		
the biological basis of acupoints has greatly hindered their more widespread integration into clinical		
care. Indeed, a com	prehensive understanding of the anatomy and physiology of acupoints continues	
to elude researchers in this field. This talk will focus on the Topological Atlas and Repository for		
Acupoint research	(TARA) which may be an invaluable Research Resource Center for the	
acupuncture research	community to investigate acupoints. TARA incorporates 1) an acupoint	
ontology using both traditional and modern nomenclature systems, 2) a male and female standardized		
human body atlas with 3D coordinate system based on a common origin reference point, and 3) an		
easily searchable database, curated by an expert-committee, that includes previously published		
physiological data as	ssociated with acupoint stimulation. TARA is supported by the Society for	
Acupuncture Resear	ch, the leading international academic acupuncture research organization,	
ensuring broad outreach to acupuncture research communities worldwide. We hope the TARA portal		
will form an invaluable Research Resource Center for the acupuncture research community by		
strengthening the bio	trengthening the biological basis of acupoints, facilitating acupuncture integration into clinical care.	

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