

## **ICMART 2024**

## 37<sup>th</sup> ICMART World Medical Acupuncture Congress

September 27 – 29, 2024 | Shinhwa World, Jeju, Korea

#### 1. Personal Information

First Name	Zhifeng	
Last Name	Yu	
Affiliation	Tianjin University of Traditional Chinese Medicine	
Country	China	
Department		
Degree (Ph.D. / M.D.)	Ph.D.	
E-Mail	Fengzhiyu86@hotmail.com	

#### 2. Curriculum Vitae

#### • Educational Background & Experience

Year	Affiliation	Position
1997-2000	Tianjin University of Traditional Chinese Medicine	PhD
1991-1994	Tianjin University of Traditional Chinese Medicine	MD
1986-1991	Tianjin University of Traditional Chinese Medicine	Bachelor

#### Publications

No.	Contents
1	Zhifeng Yu, Zhendong Huang, Ximeng Dai, Xuerun Wu,Jiangxin Huang. Th1/Th2 Imbalance in the Pathogenesis of Chronic Aplastic Anemia. Journal of Hard Tissue Biology[J]. 23[4] (2014) 455-460
2	Hai-Fang Zhang, Zhen-Dong Huang, Xue-Run Wu, Qian Li, Zhi-Feng Yu. Comparison of T lymphocyte subsets in aplastic anemia and hypoplastic myelodysplastic syndromes. Life Sciences[J]. 189 (2017) 71–75.

# 2024 KOREA JEJU ICMART

### **ICMART 2024**

## 37th ICMART World Medical Acupuncture Congress

September 27 – 29, 2024 | Shinhwa World, Jeju, Korea

#### 3. Abstract

**Lecture Title** 

Pulse changes in patients with cervical spondylosis before and after acu puncture treatment

OBJECTIVE: To study changes in pulse diagram parameters (PDP) in patients with cervical spondylosis (CS) before and after acupuncture treatment, explore the characteristics of PDP and the relationship between PDP changes and therapeutic effectiveness, and provide evidence for outcome prediction and objective evaluation of CS treatment before and after acupunct ure treatment.

METHODS: Patients with CS were treated with acupuncture and measured with a pulse acq uisition device based on image (PADBI) before the first and after the tenth acupuncture ses sions. Changes in PDP from before until after the acupuncture sessions and patient impressi ons were analyzed to judge the effect of acupuncture treatment.

RESULTS: The PDP values in effective patients were closer to normal values. This indicate d that Qi stagnation and blood stasis of the patients was improved. The PDP changes from before to after the first acupuncture treatment were more obvious than those from before to after the tenth acupuncture treatment. This result indicates that the speed of symptom improvement decreased significantly after several acupuncture courses. Analysis of correlation bet ween efficacy and PDP showed that the changes in PDP in five patients was abnormal, which mainly manifested as values of h1, u, p, Pp, and t1, and no significant changes or differences were increased with standard values. This indicated that the symptoms of CS were not improved in these patients.

CONCLUSION: PADBI can provide evidence for outcome prediction of acupuncture treatme nt in patients with CS. PADBI can provide evidence for objective evaluation of acupuncture treatment of CS.

<sup>\*</sup>Please write it within 250 words.