

1. Personal Information

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| First Name | QIMING |
| Last Name | ZHENG |
| Affiliation | <p>CHAIRMAN OF PHILIPPINE TCM & ACUPUNCTURE ASSOCIATION</p> <p>VICE PRESIDENT, WORLD FEDERATION OF ACUPUNCTURE AND MOXIBUSTION SOCIETIES</p> <p>VICE PRESIDENT, WORLD FEDERATION OF CHINESE MEDICINE SOCIETIES</p> <p>PRESIDENT, PHILIPPINE TCM CENTER</p> <p>DIRECTOR OF TCM DEPARTMENT, METROPOLITAN MEDICAL CENTER. METRO MANILA. PHILIPPINES</p> <p>VISITING PROFESSOR, FUJIAN UNIVERSITY OF TCM, CHINA</p> <p>PRESIDENT, PHILIPPINE QIHUANG TCM INSTITUTE, INC.</p> <p>FIRST CERTIFIED TCM PRACTITIONER, PITAHC, DOH.</p> |
| Country | PHILIPPINES |
| Department | |
| Degree (Ph.D. / M.D.) | DOCTOR OF MEDICINE |
| E-Mail | QMZHENG@OUTLOOK.COM |

2. Curriculum Vitae

◆ Educational Background & Experience

| Year | Affiliation | Position |
|---------------|---|---|
| 2022- Present | Metropolitan Medical Center (PHILIPPINES) | Director and Chief Consultant of TCM Department |
| 2021- Present | Philippine QIHUANG TCM Institute (PHILIPPINES) | Principal/President |
| 2018- Present | Philippine TCM Center by TCM Health Care (PHILIPPINES) | Director and Chief Consultant |
| 2004- Present | TCM Health Care by TCM Wellness Center Corp in Mercury Drug of Bonifacio Global City. Metro Manila. (PHILIPPINES) | Present Director, Chief Consultant of TCM |

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ICMART 2024

37th ICMART World Medical Acupuncture Congress

September 27 – 29, 2024 | Shinhwa World, Jeju, Korea

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|------------|--|---------------------|
| 1986- 1995 | Attending Physician. Xiamen TCM Hospital, Fujian, P.R.C (CHINA) | ATTENDING PHYSICIAN |
| 1981-1986 | Fujian University of Traditional Chinese Medicine, COLLEGE OF MEDICINE (CHINA) | GRADUATED |
| 2023- | WANGQI college, Beijing University of Chinese Medicine | Master program |

3. Abstract

| Lecture Title | Application of Acupuncture and Moxibustion in TCM health Management |
|---|---|
| <p>This presentation discusses the application of acupuncture and moxibustion in Traditional Chinese Medicine (TCM) health management. Acupuncture- moxibustion both techniques are effective in treating various conditions and promoting overall health. TCM Health management concept is based on “When the vital energy is strong within, external evils cannot intrude” of HUANG DI NEI JING. The concept is include 1. Prevent disease before it occurs, 2. prevent deterioration once it occurs, 3. and prevent recurrence after the disease.4. improving quality of life. Discussing how acupuncture and moxibustion to boost immunity, relieve stress, and improve circulation, making them valuable tools for health management. providing comprehensive health management tailored to individual needs. This approach aims to restore body balance, prevent chronic diseases, and enhance quality of life.</p> | |

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